

Annie Meehan

Speaker ♦ Author ♦ Consultant



Annie Meehan is committed to transforming achievement from good to great by teaching people to rewrite their excuses into successful accomplishments. Speaking internationally as an expert on living an **Exceptional** life, she will motivate, inspire, and teach your audience to remove the road blocks that stand in the way. Her audiences walk out with a “WOW” factor that includes practical tools to immediately impact their lives both professionally and personally.

Having corporate, associations, and non-profits as clients, Annie provides actionable strategies to **manage change**, recognize the **power of words** in customer/employee experience, and **eliminate excuses** that keep people from attaining their goals. Her passion and engaging presence inspire people to take action.



Prior to becoming a speaker, Annie worked for an investment banking company for 9 years, compiling multiple promotions. After leaving the corporate world, she then owned and operated 2 fitness franchise locations, grew and lead a 250+ member direct sales distributorship, and began speaking on the topics of health and wellness. Annie is a National Speakers Association (NSA) board member and currently resides as the president of the NSA - Minnesota chapter.

Annie is an author of 4 motivational books that includes her award winning book “**Be The Exception**”. Stay tuned for her new book, “Pineapple Principle”, to be released later this year.

Annie has three adult children and lives in a southern suburb of Minneapolis with her husband and two dogs (Peanut & Leo). She loves volunteering in the community, traveling with family, and walking (or being walked) with Peanut & Leo.



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